

# Curriculum Vitae

Prof. Dr. Franz Caspar

## Professor emeritus for Clinical Psychology and Psychotherapy, University of Bern

Born on 11th February 1953, second of four children

**Citizenship:** Swiss

**Degrees:** PD (habilitation) University of Bern, Switzerland, 1995

Dr. phil. (Ph.D.) University of Bern, Switzerland, 1985

Dipl.-Psych. University of Hamburg, Germany, 1977  
(studies in psychology and political science)

**Previous Appointments:** 1985 - 1999 Oberassistent, then Lector University of Bern  
Duties included: Teaching in all fields of Clinical Psychology (with an emphasis on psychotherapy practice and research), psychotherapy research, psychotherapy, psychotherapy supervision, coordination of the institute's research colloquium, management of technical research equipment, and administration.

1979-1985: "Assistent" with identical duties.

1997-1999 also Director of Psychological Services, Psychiatric Hospital Sanatorium Kilchberg, Zürich

Fellow with the Swiss National Science Foundation,  
Fellowship for advanced researchers:  
October 1987 - October 1988: Institute of Cognitive Science,  
University of Colorado, Boulder, with Walter Kintsch,  
October 1988 - September 1989: Clarke Institute of Psychiatry,  
Toronto, with Jeremy Safran and Zindel Segal)

Lecturer, University of Vienna, 1997-1998

Locum, Chair of Clinical Psychology, University of Tübingen,  
Germany 1995-1996

Professor for Clinical Psychology and Psychotherapy,  
University of Freiburg, Germany 1999-2005

Professor for Clinical Psychology and Psychotherapy of the  
adult, University of Geneva, 2005-2007

Professor for Clinical Psychology and Psychotherapy,  
University of Bern, 2007-2018

including directorship of a Psychotherapy Outpatient Clinic, and two postgraduate psychotherapy training programs.

Dean of the Faculty for Human Sciences, University of Bern, 2010-2012

**Member National Research Council, Swiss National Science Foundation**, since 2012, elected till 2021

**Awards and honors:** Faculty award for an outstanding dissertation, 1985  
Early Career Contribution Award, Society for Psychotherapy Research (SPR), 1993.  
Students' Award for Best Lecture, Advanced Studies, Institute of Psychology, University of Tübingen (Germany), WS 1995/96, SS 1996  
Distinguished Research Career Award, Society for Psychotherapy Research (SPR), 2018.  
Award of the German Association for Behavior Therapy (DGVT) for outstanding contributions to the development of psychotherapy and behavior therapy in health-political responsibility, 2021

### **Honorary Activities**

Member Steering Committee DAS Sportspsychology Uni Bern  
Advisory Board Society for the Exploration of Psychotherapy Integration (SEPI)  
Previous: Swiss Accreditation Council (AAQ), Member Committee PSyG  
Advisory Board Institut für Fort- und Weiterbildung in Klinischer Verhaltenstherapie (IFKV Bad Dürkheim, Germany)  
Steering Committee of The Third Interdivisional APA Task Force on Evidence-Based Relationships and Responsiveness Board Member International Federation for Psychotherapy  
President, Society for Psychotherapy Research (SPR)  
President International Federation for Psychotherapy (IFP)  
Steering Committee and Chairman Research Committee, Society for the Exploration of Psychotherapy Integration (SEPI)  
Board of the Swiss Society for Psychology, 1992-1999  
Member of the Quality Assurance Committee, Psychotherapeutenkammer Baden-Württemberg  
Member of the Research Committee, University of Bern  
Training Committee of the Swiss Association for Behavior Therapy, 1979-1984  
Certification Board of the Swiss Association for Behavior Therapy, 1984-1987  
Board of the Bernese Confederation of Psychologists, 1983-1987  
Certification Board for Psychotherapists, Ministry of Health, Canton of Bern, 1992-1999  
Member of the DGPs Bachelor – Master Committee, 1997-1998

**Associate Editor** Co-Editor „Zeitschrift für Psychotherapie, Psychosomatik und medizinische Psychologie“ PPM; "Verhaltenstherapeut"  
Advisory Committee/Editorial Board:  
"Psychotherapy Research", "In Session / JCPC";

"Psychotherapeut"; "Swiss Journal of Psychology",  
„Pragmatic Case Studies in Psychotherapy"  
Previously: "Verhaltenstherapie und Psychosoziale Praxis"

(German Journal for Behavior Therapy. Duties included the edition of a program with books and training materials), 1983 - 1987)

- Reviewer** Reviewer for several journals such as Psychotherapy Research, British Journal of Medical Psychology, Psychological Review, Psychological Bulletin, Psychologische Rundschau, Review of General Psychology, Psychotherapeut, Methodology - European Journal of Research Methods for the Behavioral and Social Sciences, Psychotherapy: Theory, Research and Practice, Psychotherapeut, Zeitschrift für Klinische Psychologie und Psychotherapie, Psychologische Rundschau, Psychopathology, Psychology and Psychotherapy: Theory, Research and Practice, Methodology – European Journal of Research Methods for the Behavioral and Social Sciences
- Psychotherapy Certificates:** 1980 Swiss Association for Behavior Therapy  
1990 Psychotherapist, Canton of Bern  
1991 Psychotherapist, Swiss Federation of Psychologists FSP  
1996 Psychotherapist, Canton of Zürich  
1999 Psychotherapist Baden Württemberg (Approbation)  
2005 Psychotherapist, Canton of Geneva
- Habilitation:** Hypothesenbildungsprozesse in psychotherapeutischen Erstgesprächen. Probleme und Möglichkeiten des empirischen Zuganges. (Hypothesis Generation Processes in Psychotherapy Intake Interviews)
- Doctoral Dissertation:** Analyse interaktioneller Pläne (Development and evaluation of the Plan Analysis method for analyzing clients' interactional patterns and problems).
- Diploma Thesis:** Individuelle und organisatorische Bedingungen von Entscheidungen in Organisationen (Individual and organizational determinants of decision-making in organizations. Empirical research on decision makers in disarmament policy in the German Defense Department and Foreign Ministry, based on an information-processing approach).